



DUMPLINS

BISTRO & BAKERY

THE SHOPPES AT NORTHPARK

SCRUMPTIOUS SALADS

Mixed spring greens & spinach with homemade croutons.
Add chicken 2.50 | Add shrimp 3.75

Dressing Choices:

Ranch | Raspberry Vinaigrette | Balsamic Vinaigrette | Apple Vinaigrette | Honey Mustard | Bleu Cheese | 1000 Island |
Poppy Seed | Caesar | Vinegar & Oil | Orange Yogurt

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| <i>Chef Salad</i> - Bacon, ham, turkey, assorted cheese, tomato and cucumber. | 10.49 |
| <i>Apple Walnut Salad</i> - Apples, glazed walnuts, bacon bits, feta cheese & balsamic vinaigrette. | 10.99 |
| <i>Grilled Chicken Salad</i> - Cheddar and mozzarella cheese, cucumber, mushroom, tomatoes, bacon. | 10.49 |
| <i>Goat Cheese Salad</i> - Strawberries, mango, spicy pecans, coconut encrusted fried goat cheese, with raspberry vinaigrette on spring greens. | 10.99 |
| <i>Orange Chicken Salad</i> - Diced chicken, mandarin oranges, raisins, cashews and orange yogurt dressing. | 10.49 |
| <i>Spring Fruit Salad</i> - Choice of chicken, tuna or crab salad served with assorted fruit and orange yogurt dressing. | 10.49 |
| <i>Trio Sampler Plate</i> - Scoops of chicken salad, tuna salad, and pimento cheese arrayed on a bed of lettuce. Served with assorted fruit. | 10.49 |
| <i>Crispy Apple Grilled Chicken Salad</i> - Grilled chicken, Seneca apple crisps, tomatoes, cranberries and feta cheese served with apple vinaigrette dressing. | 10.49 |
| <i>Grilled Salmon Caesar Salad</i> - Chopped romaine mixed with Caesar dressing, Parmesan Cheese, Croutons, and topped with a seasoned Salmon Fillet. | 14.99 |
| <i>Chicken or Tuna Salad</i> - Served on a bed of greens with tomatoes, cucumber and croutons. | 10.49 |
| <i>Buffalo Fried Chicken Salad</i> - Cheddar and mozzarella cheese, cucumber, mushroom, tomatoes, & bacon topped with buffalo style fried chicken tenders. | 10.99 |
| <i>Fried Chicken Salad</i> - Cheddar and mozzarella cheese, cucumber, mushroom, tomatoes, & bacon topped with fried chicken tenders. | 10.49 |

Wraps & Baskets

Served with soup, chips, fries or fruit.

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| <i>Chicken Bacon Ranch</i> - Grilled chicken, smoked bacon & ranch seasonings encased in a flour tortilla with lettuce and tomatoes. | 9.99 |
| <i>Strawberry Fields</i> - Grilled chicken, strawberries, spinach, goat cheese and balsamic vinaigrette. | 9.99 |
| <i>Dumplings Chicken Strips</i> - All white meat chicken, golden-fried to perfection. -3 piece served with our house Honey Mustard dressing. | 9.29 |
| | -5 piece 10.99 |
| <i>Buffalo Strips</i> - All white meat tossed in a homemade buffalo sauce. | - 3 piece 9.99 |
| Served with our Homemade Ranch dressing on the Side. | - 5 piece 11.99 |

TASTY ENTRÉES

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| Chicken and Dumplings- Served with side salad. | 8.99 |
| Diet Special Grilled Chicken- Seasoned grilled chicken, served with fruit and green beans. | 11.99 |
| Lemon Pepper Chicken- Served over rice pilaf, with choice of one side and choice of soup or salad. | 11.99 |
| Malibu Chicken- Grilled and Smothered with sautéed mushrooms, bacon and cheese served with one side item, plus choice of soup or salad. | 11.99 |
| Shrimp & Grits- Sautéed Shrimp with bacon, garlic and mushrooms over cheddar and Parmesan cheese grits! | 12.99 |
| Grilled Salmon- Lightly seasoned, served with rice, one vegetable and soup or salad. | 14.99 |
| Acai Bowl- A perfect blend of Acai berry, strawberries, bananas, & yogurt topped with homemade granola, toasted coconut, almonds, chocolate chips & fresh fruit. | 8.99 |
| Vegetable Plate- Soup or salad may be substituted as a vegetable. | 3 Veggies- 5.99 4 Veggies 7.99 |

SANDWICHES

All served on homemade white or wheat bread w/ soup, salad, or chips.
Upgrade to a Crossiant for 1.00

| | Half /Whole | | Half /Whole |
|----------------------------------|-------------|-----------------------------|-------------|
| Smoked Turkey & Swiss | 7.69 / 8.49 | Chicken Salad | 7.69 / 8.49 |
| Honey Ham & Cheese | 7.69 / 8.49 | Tuna Salad | 7.69 / 8.49 |
| Pimento & Cheese | 7.69 / 8.49 | Chicken Salad | 7.69 / 8.49 |
| Bacon/Lettuce/Tomato | 7.69 / 8.49 | w/craisins and pecans (.50) | |

DELUXE SANDWICHES

Served on grilled ciabatta or Hawaiian Bun with choice of potato salad, soup, salad, fries, chips or fruit.

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| Grilled Salmon Sandwich- Seasoned, grilled and placed on a Hawaiian bun with our Dumplings dill sauce. | 14.99 | Club Deluxe- Smoked turkey, ham, bacon, lettuce, tomato and mayo. | 9.99 |
| Spicy Black Bean Chipotle Burger- Black bean veggie burger with a 'whoa!' flavor. | 9.99 | 50's Burger- Hand-patted ground beef burger Served on a toasted Bun. - Add your choice of American, Swiss or Cheddar .-.50 extra Add Bacon- \$1.00 | 10.75 |
| Grilled Chicken- Grilled chicken breast, smothered in Swiss cheese, sautéed onions & peppers. | 9.99 | Mr. Buddy's Roast Beef- Roast beef and gravy layered between slices of bread and then covered with gravy. Served with a side of mashed potatoes and gravy. | 9.99 |
| Grilled Chicken Caesar- Grilled chicken breast topped with spinach, tomatoes, mozzarella and Caesar dressing. | 9.99 | Roast Beef Sandwich- Roast beef on a ciabatta bun with Swiss cheese & a side of Au Jus suace. | 9.99 |

H.R.H. DUMPLIN'S PLATE OF THE DAY

Roast Beef- Served daily over rice with two of our plate vegetables. 10.99

Monday:

Poppy Seed Chicken Casserole- Poppy seeds, chicken, cracker crumbs, cream of chicken base on a bed of white rice. Served with soup or side salad. 9.99

Ham & Cheese Quiche- Served with soup or side salad. 9.99

Meatloaf- Served with two vegetables (green beans, mashed potatoes, corn, black-eyed peas or baked apples). 10.29

Tuesday:

Almond Chicken Casserole-Chicken, almond slices, celery, cream of chicken base on a bed of white rice. Served with soup or side salad. 9.99

Three Cheese Quiche- Served with soup or side salad. 9.99

Chicken and Dressing- Served with two vegetables (green beans, mashed potatoes, corn, lima beans, or sweet potato casserole). 10.29

Wednesday:

Chicken Tetrazzini Casserole- Chicken, spaghetti, cheddar cheese, pimentos, and mushrooms. Served with a soup or side salad. 9.99

Quiche Lorraine- Bacon quiche served with soup or side salad. 9.99

Chicken Pot Pie- Served with two vegetables (green beans, mashed potatoes, corn, hash brown casserole or hot pineapple casserole). 10.29

Thursday:

Poppy Seed Chicken Casserole- Poppy seeds, chicken, cracker crumbs, cream of chicken on a bed of white rice. Served with soup or side salad 9.99

Ham & Cheese Quiche- Served with soup or side salad. 9.99

Chicken Bryan- Boneless chicken breast smothered with mushrooms, sun dried tomatoes, and goat cheese. Served with two vegetables (green beans, lima beans, corn, mashed potatoes, corn or sweet potato casserole). 10.29

Friday:

Almond Chicken Casserole- Chicken, almond slices, celery, cream of chicken base on a bed of white rice. Served with soup or side salad. 9.99

Quiche Lorraine- Bacon quiche. Served with soup or side salad. 9.99

Hamburger Steak- Served with two vegetables (green beans, mashed potatoes, corn, baked potato casserole or macaroni and cheese). 10.29

Saturday:

Chicken Tetrazzini Casserole- Chicken, spaghetti, cheddar cheese, pimentos, and mushrooms. Served with a soup or a side salad. 9.99

Three Cheese Quiche- Served with soup or side salad. 9.99

Roast Beef- Served on a bed of rice with two of our plate vegetables. (green beans, mashed potatoes, lima beans, corn, or sweet potato casserole) 10.99

AWARD WINNING DESSERTS

Dumplin's Apple Dumplin!

A pastry-encrusted granny smith apple topped with cinnamon sugar and caramel topping. 5.99

Famous Strawberry Cake

Made from scratch with fresh strawberries daily. 4.49

Homemade Cakes of the Day

Double Chocolate, Hummingbird, Italian Coconut Cream, White Chocolate Chip, Caramel, Red Velvet, German Chocolate. 4.49

Homemade Pies

Chocolate, Coconut, Lemon, Ice Box, Variety (seasonal) 4.49/ Nut Pies 4.49

Chocolate Majesty

Decadent chocolate and cream cheese blended into a pecan cookie crust topped with whipped cream. 4.49

Banana Split

(Low Sugar) Graham cracker crust filled with sugar-free pudding, bananas and crushed pineapple, covered with non-dairy whipped cream. 4.49

REFRESHING DRINKS

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|-----------|------|------------|------|
| Iced Tea | 2.79 | Milk | 2.79 |
| Hot Tea | 2.79 | Soft Drink | 2.79 |
| Fruit Tea | 2.95 | Coffee | 2.79 |

Soft Drinks- Lemonade, Coke, Diet Coke, Coke Zero, Dr. Pepper, Diet Dr. Pepper

KID'S MENU

Served with a side salad, chips, fries, or fruit and a cookie.

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|-------------------|------|------------------------|------|
| Chicken&Dumplings | 6.49 | 2 Piece Chicken Tender | 6.49 |
| Grilled Cheese | 6.49 | 3 Veggie plate | 5.99 |

CATERING & SPECIALTY CAKES

731-664-4959

dumplinsjackson@eplus.net

Dumplins is known for it's specialty bakery. Our specialty cakes will make your party a unique celebration. We are the wedding cake specialists in West Tennessee!

Call us for your private cake consultation!

Dumplins offers quality catering with 2 banquet rooms on location or offsite events for your special occasion or meeting. No budget is too small or too large!

Come home to Dumplins!

It's our pleasure to serve you!

CATERING PRICING

Casserole

| | |
|-------------|-------|
| 4 Serving | 19.99 |
| 8 Serving | 35.99 |
| 12 Servings | 45.99 |

Salad

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|----------------|-------|
| 4 Servings | 12.99 |
| 8 Servings | 21.99 |
| 12-15 Servings | 29.99 |

Casserole/Salad Combo

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|------------|-------|
| 4 Servings | 28.99 |
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Soups

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|-------|-------|
| Cup | 3.95 |
| Bowl | 5.50 |
| Pint | 8.99 |
| Quart | 14.99 |

Quiche - Whole 27.99

Rolls - Dozen 11.99

Bread - Loaf 4.99

Butter

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|------|------|
| Cup | 3.99 |
| Bowl | 4.99 |
| Pint | 5.99 |

Teas - Gallon 4.25

Lemonade - Gallon 6.25

Fruit Tea - Gallon 11.99

Vegetables

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|-------------|-------|
| 4 Servings | 13.99 |
| 8 Servings | 24.99 |
| 12 Servings | 34.99 |
| Cup | 2.49 |

Salad Dressings

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|------|------|
| Cup | 2.99 |
| Bowl | 3.99 |

Dumplings

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|-------|-------|
| Cup | 4.50 |
| Bowl | 6.49 |
| Pint | 9.99 |
| Quart | 16.99 |

Chicken Salad

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|---------------------|---------|
| Cup | 4.75 |
| Bowl | 6.25 |
| Pint | 9.49 |
| Quart | 15.99 |
| w/craisins & pecans | add .50 |

Cake - Whole 38.99

Dessert Majesty Whole 34.99

Pies - Whole 19.99

Leave us a review:

